



The 3rd British Rowing European Tour

*The River Neris, Vilnius and the Lakes at Trakai,
Lithuania
7th – 8th June 2019*



Organised by Nottingham Rowing Club

Accommodation

To enable rowers and their partners, where appropriate, to experience the many different aspects of Lithuania and in particular Vilnius, flights and accommodation are **not** included within the package. Rowers are therefore free to choose the length of stay, the grade of accommodation and the location most appropriate the rowers/partners requirements – close to the old city centre, close to the lake etc.

To find accommodation one suggestion is to go to maps.google.com. and use the search bar to search Vilnius hotels. Alternatively, sites like [Booking.com](https://www.booking.com) are very good and competitive. There is also the official tourist site. For accommodation in Trakai, [Booking.com](https://www.booking.com) and similar sites have many places available. For more details on location see below. **Hotel accommodation in Vilnius can go very quickly. Please book accommodation very early to avoid disappointment.**

Many shops, museums etc do not open until 11 a.m. and close late, however tour activities such as the Hop on – Hop off tour commence at 10 a.m. Various Official City Cards are available from the Tourist Information Centre commencing at 20 Euros for 24 hours.

There is a good bus/ tram services in Vilnius and taxis are numerous and reasonably priced.

The city centre is a short 20-minute bus journey away from the airport. Bus 88. Cost 1 euro. Taxis cost about 5 euros.

Rowing

The rowing tour itself will commence on Friday 7 June 2019. Rowers and non-rowers will meet with their suitcases in Vilnius at 8.45 a.m. All luggage will be loaded on a coach. Rowers will be transported by coach to Nemencine. At Nemencine you will rig and launch 8 no 4x+ stable touring boats before rowing 26km to Vilnius.

At Vilnius boats will be de-rigged and loaded onto two trailers. The coach will take the rowers and non – rowers to beautiful Trakai, 28km from Vilnius. The group are responsible for finding their own way to their chosen accommodation once in Trakai. On Saturday rowers will meet at the Lietuvos Olimpinis Sports Centras for a 20km row on the lakes of Trakai.

Hotel location

Vilnius

The Old Town in the vicinity of the Cathedral of St Stanislaus and St Vladislaus, just south of the River Neris, is the obvious area to stay. It is close to the shopping area, historical buildings, and most tourist activities, plus obviously coffee shops and restaurants.

Trakai

The boats will be launched from the staging outside the Lietuvos Olimpinis Sports Centras, which is north of the main town on the western side of the lakes. There are however many hotels in the main town.

At the sports centre itself there are limited places available. I have been informed by the manageress that there may be up to 20 places. The Rowing Hotel is a few metres to the north of the sports centre has 17 beds (4 twin/double and three triple), rooms available on [Booking.com](https://www.booking.com). Adjacent to the Rowing Hotel there are three apartments–Vila Traku terasa, each with a double bed and sofa beds. If these apartments are booked, the manageress of the Rowing Hotel will provide breakfast at a cost of 10 euros if you wish, although she does not own the apartments. On Saturday evening we are eating at the Viva, Trakai restaurant, rooms are available on [Bookiing.com](https://www.booking.com)

Boats

All boat seats will be hired locally. There are up to forty seats available. All boats are 4x+ stable touring sculls. They are generally of a wooden construction and are ex-German stable touring boats. They are adequate and although well used.

Programme

Wednesday 5 th June	<ul style="list-style-type: none">• Suggested day of arrival as some planes do not land at Vilnius Airport until after 10 p.m.
Thursday 6 th June	<ul style="list-style-type: none">• Day sites seeing in Vilnius, report in by text or phone between 20.00 and 22.00 to Richard Pickup on 07826267821, (if there is an issue, call or text Kenwyn Rees on 07425737477.) We will be eating in the Berneliu Uzeigos Restaurant, junction of J. Leleveliog and A. Vienuolio, off Gedimino.pr.19 On the city map it is in square A2., just to the west of the old town, just south of the river.
Friday 7 th June	Tour officially commences <ul style="list-style-type: none">• 08.45 Meet at in the Old City at the coach with suitcases;• 09.00 – 10.00. – Coach travel for rowers to Nemencine;• 10.00 – 11.00 - Rig boats;• 11.00 – 13.30 - Row 20 km. on the Neris river;• 13.30 – 15.00 - Buffet lunch provided excluding drinks;• 15.00 – 16.00 - Row 6 km. on the Neris river to Vilnius;• 16.00 – 17.00 – De-rig boats and load on trailers. Meet non-rowers;• 17.00- 18.00 – 28km. coach ride to Trakai.• Free evening
Saturday 8 th June	<ul style="list-style-type: none">• 09:00 – 10.00 - Rig boats;• 10:00 – 12.00 - Row on the northern lakes -10 km.;• 12.00 - 14.00 - Tour of the Rowing Hotel rowing museum, Buffet lunch provided excluding drinks;• 14.00 – 16.00 - Row the southern lakes – 10 km;• 16:00 - 16.30 - De-rig and load some boats only.• Return to hotels;• 19.00 for 19.30 – End of tour evening dinner. Please dress smartly.• 23.30 – End of tour
Sunday 9 th June	<ul style="list-style-type: none">• At your leisure to explore Trakai or return to Vilnius. Tourers responsible for their own return from Trakai to home.

Activities for non-rowers

Vilnius

The activities available are numerous for example;

The Old Town;

Hop on – Hop Off Bus City Tour;

City walking tours, free with tips, or with fee;

Art Galleries;

Uzupis Republic – independent art zone;

KGB museum;
Numerous churches, including Church of St Peter and St Paul;
Bicycle hire;
Television tower with revolving restaurant;
Plus much more.

Trakai

Boat hire on the lake;
Boat cruise around on the lakes– less energetic;
Castle with Museums;
Uzutakis Manor with estate walks;
Walks.

Cost:

The rowing participation fee will include:

- boating fees;
- coach journey;
- buffet lunch on Friday and Saturday;
- dinner on Saturday evening at the Viva Restaurant, Trakai;
- tour polo shirt;
- entertaining hosts/gifts.

Rowers	135 Euros
Non-rowers	
Coach seat cost compulsory	8 Euros
Buffet lunch on Saturday	14 Euros
Evening meal Saturday	30 Euros
Tour polo shirt	17 Euros

Costs are provisional based on budgeted level of participation.

Closing date for applications - **February 14, 2019**

Payment:

A deposit of £50 per rower, £20 per non-rower is required along with the tour Registration Form

The balance must be paid by **31st March 2019**.

Payment may be made by cheque, payable to Recreational Rowing WP with Lithuania written on the reverse or by transfer to:

RRWP
Sort Code: 60-21-34
Account No: 56052944.
Ref. BRTL + name

Return of the form by email to richardwpickup@hotmail.com or by post to:

R W Pickup
40 Leahurst Road
Nottingham
NG2 6JG
Contact info: 07826267821 or richardwpickup@hotmail.com

The organisers will make every effort to replace any person who is unable to attend once full payment has been made. If a replacement unfortunately cannot be found no refund will be made.

The 3rd British Rowing European Tour

Friday 7th June – Saturday 8th June 2019

The River Neris, Vilnius and the Lakes at Trakai, Lithuania

Please register me for the Tour. I understand that I take part in the tour at my own risk, and confirm that I have no medical conditions which may affect my ability to participate. If water conditions are not suitable for rowing on the day programmed, I understand the row may be cancelled and no monies will be refunded.

Name:

Address:

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Club:

BR/SR no.

(please note: you must be a silver member of British Rowing or above to take part in the tour)

Tel No (home):(mobile).....

Email address:

Approximate distance rowed on water in 2018.....km

I confirm I have a good rowing / coxing knowledge and ability, and the stamina to complete the distances to be rowed.

Person to be notified in case of an Emergency, relationship, telephone/email:

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Accompanied by:

(rowing/non-rowing) *please delete as appropriate*

Tour T-shirt/s : See size chart below

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Club:

BR/SR no.

(please note: you must be a silver member of British Rowing or above to take part in the tour)

Boat are 4x+ boats; if you would like to share a boat with any particular rowers (if it is feasible) please indicate below:

Please could I share with:

.....

Non- rowing Partners:

I am a non-rower :

I would like a buffet lunch on Saturday. (Delete as appropriate) Yes No

I would like to join the evening meal on Saturday. Yes No

I would like to purchase a tour polo shirt Yes No

Tour T-shirt size: See size chart below

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Dietary requirements: -

Any special dietary requirements / allergies:

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The rowing applicant agrees and certifies with his/her signature:

- a) the details above are correct;
- b) you are in good health and have the physical condition/ stamina to **row** the distances proposed, and have the skills to handle dangerous situations quickly on my own and not depended on others;
- c) you will carry a buoyance aid and
- d) you will arrange your own medical and personal insurance.

Signature: **Date:**

Note: No rower will be registered until the £50 deposit is paid, non-rower £20
Closing date for applications – February 14, 2019

Polo shirt sizing

Ladies

Size: 6 8 10 12 14 Chest (to fit): 28 30 32 34 36

Size: 16 18 20 22 24 Chest (to fit): 38 40 42 44 46

Mens

Size: XS S M L XL Chest (to fit): 32/34 36/38 40 42 44

Size: XXL 3XL 4XL 5XL 6XL Chest (to fit): 46/48 50/52 54/56 58/60 62/64