



British Rowing Tour Holland 2025 Check List of What to Bring

Each crew member should have:

Spare rowing kit
Water shoes for wading when launching and recovering boats
Dry bag
Waterproof clothing
Hat
Sun cream
Insect repellent
Plasters
Hand sanitiser or wet wipes
Seat pad (if you have a sensitive rear!)
Gloves if you usually wear them for rowing
Essential tools, including spanners (10 mm and 13 mm) or rigger-jigger
Water bottle
Mobile phone in a waterproof container