



British European Rowing Tour 2023 Check List of What to Bring

Each crew member should have:

Lifejacket / Buoyancy Aid (recommended but not obligatory)

Spare rowing kit

Water shoes for wading when launching and recovering boats

Dry bag

Waterproof and warm clothing – very important, we are not going to the tropics!

Hat

Swimming costume – you may like to go swimming in the lake

Smart clothes for the gala dinner

Sun cream

Insect repellent

Plasters

Seat pad (if you have a sensitive rear!)

Gloves if you usually wear them for rowing

Essential tools, including spanners (10 mm and 13 mm) or rigger-jigger

Water bottle

Small padlock for the lockers at the rowing club

Mobile phone (with European roaming) in a waterproof container

Cash and credit cards – NB credit cards are not accepted everywhere in Germany, and in particular Berliner Ruder-Club is cash only if you want to buy drinks from the bar